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**Muscle Advance High Protein Powders
Help You Build Lean Muscle**

Whey Protein Isolate Powder
51g Protein Per-Serving
3g Carbs & 240 Calories Per-Serving

Muscle Advance Weight Gainer
810 Calories Per-Serving
52g Protein & 94g Carbs Per-Serving

Looking for high-quality protein supplements to pump up your body-building routine?



Let's face it. To build lean muscle and shred fat, a healthy diet rich in protein is an important part of your cardio and weight routine. And the harder you lift and work out, the more you need to replenish those proteins quickly, which is why the quality of your protein is important.

Whey protein isolate is the most pure and concentrated form of protein available—and is more quickly metabolized by muscle tissue than other forms, which makes it an essential part of any muscle-building program.

And when you're pounding protein, you want to get in as much as possible—that's why our Muscle Advance Low Carb and Muscle Advance Weight Gainer Formulas pack it on—**each has over 50g of muscle-building protein per serving!** Plus a unique, power-packed lineup of ingredients that support your muscle building routine.

Muscle Advance can help you achieve that rock-hard, lean body you're



"I'm 27 years old and still have the stamina I had in high school. I've used whey protein isolate as part of a high protein muscle-building diet for years!

Today I can haul 40 lbs of decoys and a heavy gun case, plus control my 80 lb hunting dog across several miles of knee-deep marsh and still have energy to burn while everyone else is bent over sucking wind."

Jerry S.
 Dover, DE



working for—so you can look great, feel great, and perform at your best.

Muscle Advance Whey Protein



51g Protein Per-Serving
240 Calories Per-Serving
3g Carbs Per-Serving

Professional athletes, members of the military and law enforcement, body builders, crossfit and martial arts enthusiasts...

[***Learn more about Whey Protein***](#)

Muscle Advance Weight Gainer



810 Calories Per-Serving
52g Protein Per-Serving
94g Carbs Per-Serving

Some body builders and sports enthusiasts try to gain weight and muscle mass by eating everything in sight in addition to heavier...

[***Learn more about Weight Gainer***](#)

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Ref Code:680256 [Int'l Phone Numbers](#)

[Home](#)

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[Products](#)

[Whey Protein](#)

[Weight Gainer](#)

[Overview](#)

[Ingredients](#)

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Get 1 Tub for FREE!**

Simply fill out the form below to order now.

with a purchase of a 3 tubs

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Muscle Advance Weight Gainer with 810 Calories, 52g Protein, 94g Carbs Per-Serving!

Some body builders and sports enthusiasts try to gain weight and muscle mass by eating everything in sight in addition to heavier training.

Not a good idea. It can overtax your digestive system.



To gain good quality muscle, you need to train right, eat several times a day, and **pay attention to the quality of your calorie intake and mix of proteins, carbs and fats.** Otherwise, unless you are

one of the lucky few with a "hardgainer" metabolism, you'll simply gain too much body fat.

[How Much Protein Do You Need?](#)

To bulk up effectively, you need to consume 1.5g of good quality protein per pound of body weight.



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So if you weigh 200 lbs, for example, you need to eat about 300g of protein a day.

Muscle Advance Weight Gainer is designed to deliver the best quality protein for your muscle growth and health **a whopping 52g per serving!** We include Ion Exchanged Whey Protein Isolate, Cross-Flow Micro filtered Whey Protein Isolate, and Ultra-filtered Whey Protein Concentrates along with Egg Albumen and Potassium Caseinate a power-packed combination to promote growth as part of your weight gaining routine.

Include other sources of lean protein in your diet, such as: Chicken, Turkey, 93% Lean Red Meat, Egg Whites, Tuna, Shrimp, Tilapia, Mackerel & Salmon.

What About Carbs and Fats?

Optimum carbohydrate intake for building is between 1.5-2 grams of carbs per pound of body weight.

Muscle Advance Weight Gainer has 94g per serving, which helps:

- **Keep your energy level high**
- **Fuels your workouts**
- **Transports essential amino acids to muscle tissue**

Maximize Your Nutrient Utilization! Eat Your Greens!



For optimal digestive health, add around 15-20 grams of fibrous carbohydrates, such as green beans or broccoli, at lunchtime and 15-20 grams more at dinnertime to your diet to help keep your digestive tract clean and ready to accept new nutrients.

Proper fat intake is also essential to building muscle. The body needs fats like Omega Essential Fatty Acids to support proper hormone

production and brain function.

Muscle Advance Weight Gainer contains essential fatty acids like flax and medium chain triglycerides, but absolutely NO trans fats.

Even MORE Healthy Additions For Your Benefit:

- **Glutamine Peptides**
- **Vitamins and Minerals**
- **Digestive Enzymes**
- **Purified Bovine Colostrum**
- **L-Glutamine**
- **Creatine Monohydrate**



Contains NO Aspartame or Acesulfame-K

Tips for Using Muscle Advance Weight Gainer

Serving Size: Add 2 scoops of Weight Gainer to 16 oz of water or milk in a shaker or blender. Using milk makes a creamier shake with additional calories, carbohydrates and protein!

Between Meals: A serving between meals helps maintain protein synthesis and positive nitrogen balance.

Post Workout: One serving consumed immediately after a hard workout to help you recover.

Before Bed: Drinking one serving 30-45 minutes before bed.

Both Chocolate and Vanilla Make Great Shakes .. For a real treat, try blending with your own healthy additions, like unsweetened frozen fruit or natural peanut butter!



Maximize Gains with our SPECIAL OFFER!

Get YOUR supply of Muscle Advance Weight Gainer NOW to help Build the Body of Your Dreams!


SUPER DEAL: One Tub of Weight Gainer \$29.95

MONEY SAVER: Save \$10 on 2 Tubs \$49.95

FANTASTIC SAVINGS: Buy 3 Tubs, Get a Fourth FREE! Only \$89.95

90 Day Money Back Guarantee.

We take great pride in the superior quality of our products and want you to be pleased with your purchase. We believe in offering the very best value, quality and selection to our customers. You may return any unused and unopened item purchased from us for any reason within Ninety (90) days of your purchase. [Customer Care](#)

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with a purchase of a 3 tubs

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